



Target Factor At-Home Practice Sheet

Name: _____

Use this chart to record the time spent playing Target Factor each day during the week. Aim for at least five minutes.

Week	Target Factor	Time Spent on Monday	Time Spent on Tuesday	Time Spent on Wednesday	Time Spent on Thursday	Parent Initials
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						